
Psych Hub Continuing Education Information

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For any questions, comments, or concerns related to Psych Hub continuing education, email ce@psychhub.com.

To learn how to request accessibility accommodations, file a complaint, or request a refund, Psych Hub's **Grievance Policy** is linked in the footer of lms.psychhub.com.

Approving Organizations

American Psychological Association (APA)



Cognitive Behavioral Therapy Foundations: A Skills-Based Approach is approved by the American Psychological Association for continuing education for psychologists. The American Psychological Association retains responsibility for this program.

Association of Social Work Boards (ASWB)



Psych Hub, #1750, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Psych Hub maintains responsibility for this course. ACE provider approval period: 08/20/2020 – 08/20/2021.

Pending Approvals

Applications for CE provider-level approval from the American Psychological Association (ASWB) and the National Board of Certified Counselors (NBCC) are currently under review. Psych Hub is also pursuing approval to offer continuing education for interprofessional healthcare teams.

If your industry is not covered by existing or pending approvals and you believe that Psych Hub Learning Hubs would be valuable as continuing education for yourself or your colleagues, feel free to email ce@psychhub.com with suggestions.

Learning Hub Information

For detailed information on each Learning Hub, including continuing education credits and approvals, content overviews, learning targets, target audience, level of instruction, timed outlines, and author information, click on the Learning Hub titles below.

Cognitive Behavioral Therapy Series

[Cognitive Behavioral Therapy Foundations – A Skills-Based Approach](#)

[Cognitive Behavioral Therapy for Anxiety](#)

[Cognitive Behavioral Therapy for Depression](#)

[Cognitive Behavioral Therapy for Insomnia](#)

[Cognitive Behavioral Therapy Adaptations for Adolescents](#)

Mental Health Ally Certification Series

[Mental Health Competency 1](#)

[Mental Health Competency 2: Common Conditions](#)

[Mental Health Competency 3: Substance Use Awareness](#)

[Suicidal Behavior Competency](#)

[Safety Planning](#)

[Diversity and Mental Health](#)

[Understanding and Overcoming Bias](#)

[Motivational Interviewing: Communication Basics](#)

Complimentary Learning Hubs

[Supporting Provider Wellbeing](#)

[Telemental Health: The Basics](#)

Obtaining Credit

Upon completing all course elements (i.e., completing the pre-course assessment and all modules, completing the post-course assessment with a score of at least 85%, and completing the course evaluation), learners are eligible to receive documentation of CE credit. Learners may attempt the post-course assessment as many times as needed to achieve a score of at least 85%.

The standard certificate of completion that participants automatically receive upon completing the course does NOT constitute documentation of CE credit. This certificate provides documentation of course completion for learners who may not be seeking CE credit and simply need proof that they have successfully completed the course.

Learners must request documentation of CE credit by completing the final two questions of the course evaluation, which read as follows:

- *In order to receive your CE certificate, please indicate the organization from which you are seeking CE credit. You will receive an email from ce@psychhub.com containing your personalized certificate within 30 days of course completion. [CE organizations will be added as answer options as Psych Hub receives approvals. If the learner is not interested in receiving CE credit, they can select "N/A".]*
- *If you are seeking continuing education credit, please enter your professional license number and jurisdiction here.*

Within 30 days of completion of all course elements, learners will receive documentation of CE completion in the form of a digital certificate via email from ce@psychhub.com.

Please note that the Psych Hub Certification that learners have the option to pursue after completing some of Psych Hub's courses is not affiliated with continuing education credit in any way. Visit lms.psychhub.com and navigate to the course information link for the course in which you are interested to learn whether Psych Hub Certification is available for that course and how to pursue it.

Continuing Education Committee

Members of the Psych Hub Continuing Education Committee include the Continuing Education Director/Mental Health Specialist, the Chief Clinical Officer/Licensed Social Work Consultant, the Clinical Manager/Licensed Counseling Consultant, the Chief Operations Officer, and the Director of Education.

For comments and concerns related to Psych Hub's continuing education program, email ce@psychhub.com.

Diversity in Continuing Education Initiatives

When designing learning hubs for continuing education, Psych Hub strives to be inclusive and promote equity. All types of diversity (and the intersectionality of these aspects of identity) are taken into account, including but not limited to...

- Race and ethnicity
- First language & migrant status
- Gender, sex, & sexual/affectional orientation
- Disability and neurodiversity
- Socioeconomic status
- Spirituality and religion
- Indigenous heritage
- Body size
- Geographical location
- Age

Diversity and inclusion are key considerations at each stage of learning hub development, from identifying authors and areas of focus to creating educational assets:

Authors, Consultants, & Contributors

Psych Hub's leadership and clinical team are committed to identifying and working with subject matter experts from all backgrounds. We aim to work with authors, consultants, and contributors that practice cultural humility and understand how society and environment are related to mental health. When reviewing the CV and career of a potential subject matter expert, we look to see how they have promoted inclusion and equity in their writing, advocacy, and work with clients.

Research

Our clinical team and contractors work to ensure that the evidence upon which our learning hubs and videos are based represents people from all different backgrounds. For example, we look for studies with diverse participant groups as well as literature that specifically focuses on the issues and/or needs of an underserved group.

Curriculum & Areas of Focus

When the curriculum is created and learning hub content is written, our clinical and education teams as well as our subject matter experts consider how diversity and intersectionality impact the topic. These considerations are integrated throughout the curriculum, including but not limited to which groups are most impacted by a given issue or disorder; cultural competency, cultural humility, and implicit bias of mental health professionals; the importance of social and political advocacy in the mental health field; cultural adaptations of treatment; and disparities in access to treatment.

Lived Experience Videos

During learning hub creation, our clinical and education teams assess what kinds of lived experience would best augment the information being communicated. We consider which groups and demographics might be most affected by a given issue, or how aspects of identity might impact the way that an issue is experienced. We provide

descriptions of individuals and/or experiences that would enhance learning and include diverse experiences. Then, our video producer writes casting calls according to these descriptions.

Animated Videos

Our clinical and creative teams and contractors write and check for visual and audio descriptions of character skin color, body type, gender, accent, age, visible disabilities, and cultural or religious attire in each video script. These aspects of identity are considered in terms of how they might affect the way that character experiences and understands mental and behavioral health. Throughout production, scripts, storyboards, and animations undergo quality assurance from our clinical and production teams before they move to the next stage. One item on the quality assurance checklist is whether the video respectfully showcases characters from diverse backgrounds.